**Chicken Fried Rice**

(6-8 Servings)

Ingredients

* 3lb ground chuck
* ½ cup chopped onion
* ¼ cup yellow mustard
* 1 tbsp vinegar
* 1 tbsp sugar
* 1 (36oz) bottle of ketchup

Directions

* Brown ground chuck and onion together then drain grease.
* Add mustard, vinegar, sugar and ketchup then stir all together and simmer